

SESSION DESCRIPTIONS

"It's All in the Hello"

Anthony Vicari, EdS, AC-BC, ACC/Edu, CADDCT, CDP

There is not enough attention paid to the problem for seniors "moving into" a senior living community, the feeling of isolation and loneliness. These communal living settings that we work in (Independent Living, Assisted Living and Nursing Homes) can breed many unwelcome behaviors and attitudes including the exclusion by other residents with activity and leisure programs, monopolizing public areas and general insulting comments to the newcomer. This session will address the critical importance of the very first "Hello" and involve the activity professional in understanding and then utilizing strategic techniques and strategies to effectively work through these important situations.

"Do I Really Know What Quality of Life Is?"

Anthony Vicari, Eds, AC-BC, ACC/Edu, CADDCT, CDP

Whenever the topic of Quality of Life comes up, healthcare professionals have a wide variety of definitions and impressions. This session will address the critical importance of knowing exactly what Quality of Life is and involve the activity professional in understanding and then utilizing strategic techniques and strategies to effectively work through this critically important federal mandate.

"Open-Ended Materials and Dementia"

Ed Bell & Diane Spahn, Kodo Kids Representatives

A hands-on session exploring the use of open-ended early childhood materials to increase engagement in adults living with dementia. You will assess and evaluate the use and relevance of materials and their effectiveness in the different stages of dementia from the front line perspective of an Activity Professional.

"Music Therapy and the Senior

Population: How Music

Dramatically Improves Quality
of Life" sandy Golias, MT-BC

Music is a universal language spoken by everyone; from birth to 100 years of age and beyond! Music Therapy with the senior population has been proven to increase cognitive engagement and social interaction, as well as improve mood and encourage reminiscence in both individual and group settings. Come and learn how Music Therapy is paired with other disciplines to dramatically improve the quality of life for the senior population. We will engage in a live and interactive group music therapy session!

SCHEDULE

Friday, January 28, 2022

7:30am-8:30am

Registration & Check In

8:30am-8:45am

Welcome & Announcements

8:45am-10:15am

"It's All in the Hello"

Anthony Vicari

10:15am- 10:30am BREAK

10:30am-12noon

“Do I really Know What Quality of Life Means?”

Anthony Vicari

12noon-12:15pm

Photo outside

12:15pm – 12:45pm

Lunch Provided

12:45pm - 1:15pm

Live Auction

1:15pm-1:30pm pm BREAK

1:30pm-3:00pm

“Open-Ended Materials and Dementia”

Ed Bell & Diane Spahn

3:00pm-3:15pm BREAK

3:15- 4:45

“Music Therapy and the Senior Population”

Sandy Golias

6 contact hours possible

Have a safe trip home!

REGISTRATION:

Registration Fee: CAPA members-\$60 - Non-members-\$85.

Join CAPA by going to www.thecapa.org and click on "forms".

Deadline for registration is January 17th. Space permitting, registration will be accepted at the door; however, lunch will NOT be provided. Make checks payable to CAPA and mail to: Ginger Clark, 4902 Herndon Cir, Colorado Springs, CO 80920. If you have questions, contact Ginger @ 719-661-7855 or email emtclark@aol.com.

Name_____

Active Member? Yes or No Chapter (circle one): Den/Metro Northern NE Southern WS

Lunch Options (Check One): Turkey Ham Roast Beef___Gluten Free___Vegetarian_____

Hm Phone_____Wk Phone_____E Mail_____

*** If you wish to pay by Credit Card, go to www.thecapa.org under "forms".